DISHES AND THEIR ALLERGEN CONTENT – Henbury View First School (Breakfast Club)

Food Item						upin Flour	Milk		MUSTARD			ISSAMI OR.		WNE Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CEREAL														
ASDA Cornflakes		√												
ASDA Wheat Bisks		√												
ASDA Malted Wheaties		√												
ASDA Multigrain Hoops		√					√							
Tesco Wheat Biscuits		✓												
Tesco Cornflakes		✓												
Nestlé Cheerios		✓												
BREAD														
ASDA Sliced Bread		√											√	
ASDA Crumpets		√					√						√	
Tesco White Bread		√											√	
Tesco Wholemeal Bread		✓												
ASDA Scotch Pancakes		✓		√			√							

Food Item						upin	Milk		MUSTARD			SISAM OR		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<u>SPREADS</u>														
Marmite	✓	✓												
Jam														
Vitalite Dairy Free Spread														
Marmalade														
DAIRY														
Semi Skimmed Milk							√							
ASDA Brilliantly Buttery							√							
Tesco Butterly Spread														

Food Item					D.	Lupin Flour	Milk		MUSTARD			Silve		WNE Seer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<u>DRINKS</u>														
Nesquik Strawberry Milkshake Mix														
Nesquik Chocolate Milkshake Mix														
Oatly Oat Drink		✓												