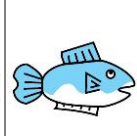



## DISHES AND THEIR ALLERGEN CONTENT – Henbury View First School (Breakfast Club)

Food Item														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b><u>CEREAL</u></b>														
Tesco Malt Wheats		✓												
Tesco Wheat Biscuits		✓												
Tesco Cornflakes		✓												
Nestlé Cheerios		✓												
<b><u>BREAD</u></b>														
Tesco White Bread		✓											✓	
Tesco Wholemeal Bread		✓												
Tesco Crumpets		✓												
Tesco Scotch Pancakes		✓		✓			✓							
Tesco All Butter Croissants		✓		✓			✓							

Food Item														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b><u>SPREADS</u></b>														
Marmite	✓	✓												
Jam														
Vitalite Dairy Free Spread														
Marmalade														
Honey														
<b><u>DAIRY</u></b>														
Semi Skimmed Milk							✓							
Tesco Butterly Spread							✓							

